



Merry Cranberry Orange Sangria



1/10th of recipe (about 6 oz.): 90 calories, 0g total fat (0g sat fat), 17mg sodium, 8g carbs, 1g fiber, 5g sugars, 0.5g protein

Green Plan [SmartPoints](#)® value 3*

Blue Plan (Freestyle™) [SmartPoints](#)® value 3*

Purple Plan [SmartPoints](#)® value 3*

Prep: 5 minutes

Chill: 4 hours



Tagged: [Drink Recipes \(Smoothies, Cocktails & More\)](#), [Vegetarian Recipes](#), [Four or More Servings](#)

Ingredients

1 1/2 cups (about 2 medium) thinly sliced oranges
2 cinnamon sticks
One 750-ml. bottle red wine
2 cups diet cranberry juice drink
1 cup orange juice
2 cups club soda, chilled
Optional garnish: orange wedges, cranberries

Directions

Place oranges and cinnamon sticks in a very large pitcher or serving bowl (at least 2-quart capacity). Add all remaining ingredients *except* club soda, and gently stir.

Cover and refrigerate for at least 4 hours. (The longer it sits, the more flavorful it gets.)

Just before serving, add club soda, and gently stir.

MAKES 10 SERVINGS

[SmartPoints](#)® value* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the [SmartPoints](#)® values* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

*The [SmartPoints](#)® values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the [SmartPoints](#)® trademark.