



## Mexican Pizza-bella



1/2 of recipe (1 pizza-bella): 140 calories, 5g total fat (2.5g sat fat), 379mg sodium, 11g carbs, 3g fiber, 4g sugars, 15g protein

**Green Plan [SmartPoints](#)® value 3\***

**Prep:** 10 minutes    **Cook:** 20 minutes

Tagged: [Lunch & Dinner Recipes](#), [30 Minutes or Less](#)



### Ingredients

- 2 large portabella mushroom caps (stems removed)
- 1/4 cup canned crushed tomatoes
- 1/4 tsp. garlic powder
- 1/4 tsp. onion powder
- 1/4 tsp. chili powder
- 1/8 tsp. ground cumin
- 1/8 tsp. salt
- 1/3 cup shredded reduced-fat Mexican-blend cheese
- 1 1/2 oz. cooked and finely chopped skinless chicken breast (see HG Tip below)
- 1 tbsp. finely chopped bell pepper
- 1 tbsp. finely chopped onion
- 1 tbsp. finely chopped fresh cilantro

### Directions

Preheat oven to 400 degrees. Lay a large piece of heavy-duty foil on a baking sheet and spray with nonstick spray.

Place mushroom caps on center of the foil, rounded sides down.

Place another large piece of foil over the mushrooms. Fold together and seal all four edges of the two foil pieces, forming a well-sealed packet. Bake until slightly tender, about 12 minutes.

Meanwhile, in a small bowl, stir tomatoes with seasonings.

Cut packet to release steam before opening entirely. Remove foil, and carefully drain excess liquid from the baking sheet. Thoroughly blot excess moisture from mushroom caps.

Evenly top with seasoned tomatoes, cheese, chicken, and veggies.

Bake until mushrooms are tender and cheese has melted, about 8 minutes.

Top with cilantro.

MAKES 2 SERVINGS

**HG Tip:** Cook up a bunch of chicken in advance; it's perfect for easy meals and snacks like these!

[SmartPoints](#)® value\* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the [SmartPoints](#)® values\* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

\*The [SmartPoints](#)® values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the [SmartPoints](#)® trademark.