



Mexican Street Corn & Chicken Bowl



Entire recipe: 337 calories, 8.5g total fat (4g sat. fat), 683mg sodium, 29.5g carbs, 6g fiber, 8.5g sugars, 37g protein

[Click for WW Points® value*](#)

Prep: 5 minutes **Cook:** 10 minutes

More: [Lunch & Dinner Recipes](#), [Single Serving](#), [30 Minutes or Less](#)

Ingredients

1 1/2 cups frozen riced cauliflower
2 tbsp. chopped fresh cilantro, or more for topping
1/2 cup frozen sweet corn kernels
3 oz. cooked and chopped skinless chicken breast
1 wedge The Laughing Cow Creamy Light cheese (or 1 tbsp. light/reduced-fat cream cheese)
2 tbsp. crumbled feta cheese

Seasonings:

1 1/2 tsp. taco seasoning

Directions

Bring a skillet sprayed with nonstick spray to medium-high heat. Add cauliflower and 1 tsp. taco seasoning. Cook and stir until hot, about 3 minutes.

Transfer to a medium bowl, and stir in 1 tbsp. cilantro. Cover to keep warm.

Remove skillet from heat; clean, if needed. Respray and return to medium-high heat. Add corn, and cook and stir until lightly blackened, about 4 minutes. Add chicken and remaining 1/2 tsp. taco seasoning. Cook and stir until hot, about 1 minute.

Remove skillet from heat. Add cheese wedge, 1 tbsp. feta, and remaining 1 tbsp. cilantro. Stir until thoroughly mixed and cheese wedge has melted.

Transfer to the medium bowl, and top with remaining 1 tbsp. feta.

MAKES 1 SERVING

We may receive affiliate compensation from some of these links. Prices and availability are subject to change.

We may have received free product samples, which in no way influences whether these products are reviewed favorably, unfavorably, mentioned with indifference, or mentioned at all. Click for more about our [editorial](#) and [advertising](#) policies.

*The WW Points® values for these products and/or recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by WW International, Inc., the owner of the Points® trademark. For those on the Diabetic Plan, values may vary.

Questions on the WW Points® values listed? [Click here.](#)

Hungry Girl provides general information about food and lifestyle. This information and any linked materials are not intended and should not be construed as medical advice, nor is the information a substitute for professional medical expertise or treatment. [Click here](#) for more information.