





Mexican Street Corn Deviled Eggs



1/6 of recipe (4 egg halves): 130 calories, 6.5g total fat (2g sat. fat), 225mg sodium, 5g carbs, <0.5g fiber, 2g sugars, 12g protein

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Prep: 10 minutes **Cook:** 20 minutes

Cool: 10 minutes

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Ingredients

12 large eggs

1/2 cup frozen sweet corn kernels, thawed

1/4 cup fat-free plain Greek yogurt

3 tbsp. crumbled feta cheese

2 tbsp. chopped cilantro, or more for topping

2 tbsp. light mayonnaise

2 tbsp. finely chopped red onion

1 tsp. taco seasoning

Optional toppings: crushed tortilla chips, crunchy corn snacks, Tajin seasoning

Directions

Place eggs in a pot, and cover with water. Bring to a boil, then cook for 10 minutes.

Transfer eggs to a bowl, and cover with ice and cold water. Let sit for 10 minutes.

Gently crack eggs on the rim of the bowl, and peel off the shells. Halve eggs lengthwise. Discard 6 yolks, or save for another use.

Place remaining 6 yolks in a medium bowl. Mash with a fork. Add remaining ingredients. Mix until uniform.

Distribute filling among the egg white halves.

MAKES 6 SERVINGS

HG Tips: To save time, pick up precooked hard-boiled eggs at the grocery store! And to make it look neat & pretty, put the filling in a plastic baggie, snip off the tip of a corner, and squeeze the filling into your egg halves—just make sure the hole is big enough to let the corn kernels through!

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