





Mini Greek Pizzas



1/2 of recipe (1 mini pizza): 93 calories, 3.5g total fat (1g sat. fat), 442mg sodium, 10.5g carbs, 4g fiber, 1.5g sugars, 6.5g protein

Prep: 5 minutes **Cook:** 10 minutes



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Ingredients

1 Flatout Hungry Girl Exclusive 100% Whole Wheat with Flax Foldit Flatbread

1/4 cup canned crushed tomatoes

3 tbsp. finely chopped spinach leaves 3 tbsp. crumbled reduced-fat feta cheese

2 tbsp. sliced black olives

Seasonings: garlic powder, onion powder, Italian seasoning

Directions

Preheat oven to 375 degrees. Spray a baking sheet with nonstick spray.

Cut flatbread in half to make two rounds.

In a small bowl, combine tomatoes with 1/8 tsp. of each seasoning. Mix well.

Spread seasoned tomatoes onto flatbread rounds, leaving a 1/2-inch border.

Top with spinach, feta cheese, and olives. Sprinkle each piece of flatbread with a dash of Italian seasoning.

Bake until hot and lightly browned, 8 - 10 minutes.

MAKES 2 SERVINGS

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