



## Mocha Protein Swappuccino



Entire recipe: 95 calories, 2g total fat (<0.5g sat fat), 129mg sodium, 7g carbs, 1.5g fiber, 3g sugars, 10g protein

**Green Plan [SmartPoints](#)® value 1\***

**Blue Plan (Freestyle™) [SmartPoints](#)® value 1\***

**Purple Plan [SmartPoints](#)® value 1\***

**Prep:** 5 minutes



More: [Drink Recipes \(Smoothies, Cocktails & More\)](#), [Single Serving](#), [30 Minutes or Less](#)

### Ingredients

2 tsp. (or 1 single-serve packet) instant coffee granules  
1/2 cup unsweetened vanilla almond milk  
3 tbsp. chocolate protein powder with about 100 calories per 1-oz. scoop (like the kind by [Tera's Whey](#))  
1 packet natural no-calorie sweetener  
1/2 tsp. vanilla extract  
1 1/4 cups crushed ice (about 10 ice cubes)  
1 tsp. light chocolate syrup  
Optional: light whipped topping

### Directions

In a tall glass, dissolve coffee granules in 1/4 cup hot water.

Transfer to a blender. Add all remaining ingredients *except* chocolate syrup. Blend at high speed until smooth, stopping and stirring if needed.

Serve drizzled with chocolate syrup.

MAKES 1 SERVING

[SmartPoints](#)® value\* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the [SmartPoints](#)® values\* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

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