



## **Neapolitan Dessert Tacos**



1/2 of recipe (3 tacos): 144 calories, 3g total fat (2.5g sat. fat), 107mg sodium, 26.5g carbs, 2g fiber, 9g sugars, 2g protein

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Prep: 10 minutes Cook: 10 minutes

Cool: 15 minutes



## Ingredients

6 square wonton wrappers 2 tsp. cornstarch 3/4 cup chopped strawberries (fresh or thawed from frozen) 1 packet natural no-calorie sweetener 3 tbsp. light whipped topping (thawed from frozen) 1 tbsp. mini semisweet chocolate chips

## Directions

Preheat oven to  $400^{\circ}$ F. Spray the inside and outside walls of a  $9"\times13"$  baking pan with nonstick spray.

Loosely drape wonton wrappers diagonally over the sides of the pan to form triangle-shape tacos. Bake until crispy, about 8 minutes.

Meanwhile, in a small nonstick pot, dissolve cornstarch in 2 tbsp. water. Add strawberries and sweetener. Mix well, and set heat to medium. Cook and stir until thickened, 3–5 minutes. Transfer to a medium bowl. Set aside until room temp, about 15 minutes.

Fill wonton tacos with strawberry mixture, whipped topping, and chocolate chips.

## MAKES 2 SERVINGS

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