



## Sparkling Sangria



1/8th of recipe (about 1 cup): 96 calories, <0.5g total fat (0g sat fat), 11mg sodium, 9.5g carbs, 2.5g fiber, 5g sugars, 1g protein

**Green Plan [SmartPoints](#)® value 3\***

**Blue Plan (Freestyle™) [SmartPoints](#)® value 3\***

**Purple Plan [SmartPoints](#)® value 3\***

**Prep:** 5 minutes

**Chill:** 5 hours



Tagged: [Drink Recipes \(Smoothies, Cocktails & More\)](#), [Holiday Recipes](#), [Vegetarian Recipes](#), [Four or More Servings](#)

## Ingredients

2 cups light orange juice (like the kinds by Trop50)  
1 cup halved strawberries  
1 cup raspberries  
1 cup blackberries  
One 750-ml bottle sparkling wine, chilled  
1 cup club soda, chilled

## Directions

Pour orange juice into a large pitcher or serving bowl. Add all the fruit, and stir. Cover and refrigerate for at least 5 hours.

Just before serving, add sparkling wine and club soda. Serve with a ladle!

**MAKES 8 SERVINGS**

[SmartPoints](#)® value\* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the [SmartPoints](#)® values\* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

\*The [SmartPoints](#)® values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the [SmartPoints](#)® trademark.