



Peanut Butter Swappuccino



Entire recipe: 161 calories, 5.5g total fat (1g sat. fat), 241mg sodium, 17g carbs, 3.5g fiber, 6.5g sugars, 12g protein

[Click for WW Points® value*](#)

Prep: 5 minutes



More: [Breakfast Recipes](#), [Drink Recipes \(Smoothies, Cocktails & More\)](#), [Vegetarian Recipes](#), [Single Serving](#), [5 Ingredients or Less](#), [30 Minutes or Less](#), [Gluten-Free](#)

Ingredients

2 tsp. instant coffee granules
2 packets natural no-calorie sweetener
1/2 cup unsweetened vanilla almond milk
1/4 cup [powdered peanut butter](#)
1 1/2 cups ice
2 tbsp. light whipped topping
Optional topping: light chocolate syrup

Directions

In a glass, combine coffee, sweetener, and 3 oz. hot water. Stir to dissolve.

Transfer to a blender. Add almond milk, powdered peanut butter, and ice. Blend at high speed until smooth, stopping and stirring if needed.

Serve topped with whipped topping.

MAKES 1 SERVING

We may receive affiliate compensation from some of these links. Prices and availability are subject to change.

We may have received free product samples, which in no way influences whether these products are reviewed favorably, unfavorably, mentioned with indifference, or mentioned at all. Click for more about our [editorial](#) and [advertising](#) policies.

*The WW Points® values for these products and/or recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by WW International, Inc., the owner of the Points® trademark. For those on the Diabetic Plan, values may vary.

Questions on the WW Points® values listed? [Click here.](#)

Hungry Girl provides general information about food and lifestyle. This information and any linked materials are not intended and should not be construed as medical advice, nor is the information a substitute for professional medical expertise or treatment. [Click here](#) for more information.