



Pepperoni Pizza Dip Board



1/8 of recipe (about 3 1/2 tbsp.): 85 calories, 6g total fat (3.5g sat. fat), 236mg sodium, 4g carbs, 0.5g fiber, 2g sugars, 3.5g protein

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Prep: 10 minutes



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Ingredients

1 cup whipped cream cheese
1/2 cup pizza sauce
1/2 cup shredded part-skim mozzarella cheese
1/2 oz. (about 8 slices) turkey pepperoni, chopped
1/4 cup chopped mushrooms
1/4 cup chopped green bell pepper
2 tbsp. chopped fresh basil
Serving suggestions: pita chips, whole grain crackers, veggies

Directions

On a medium board, spread cream cheese into a thin layer.

Top with sauce, leaving a 1/2-inch border. Top with remaining ingredients.

MAKES 8 SERVINGS

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