



## Pepperoni Pizza on 3-Ingredient Crust



1/2 of recipe (1 pizza): 259 calories, 7g total fat (3.5g sat fat), 814mg sodium, 29.5g carbs, 4.5g fiber, 4.5g sugars, 20g protein

**Green Plan [SmartPoints](#)® value 7\***

**Blue Plan (Freestyle™) [SmartPoints](#)® value 7\***

**Purple Plan [SmartPoints](#)® value 7\***

**Prep:** 10 minutes    **Cook:** 15 minutes



Tagged: [Lunch & Dinner Recipes](#), [30 Minutes or Less](#)

### Ingredients

#### Dough

1/2 cup whole-wheat flour  
3/4 tsp. baking powder  
1/2 cup fat-free plain Greek yogurt

#### Seasonings

1/2 tsp. garlic powder  
1/4 tsp. Italian seasoning  
1/8 tsp. salt

#### Toppings

1/2 cup shredded part-skim mozzarella cheese  
1/2 oz. (about 8 slices) turkey pepperoni, chopped  
Optional topping: chopped fresh basil

### Directions

Preheat oven to 450 degrees. Line a baking sheet with parchment paper.

In a large bowl, combine flour, baking powder, and seasonings. Mix until uniform. Add yogurt, and thoroughly mix until a dough-like texture is reached.

Evenly divide dough into two circles on the baking sheet, each about 1/8-inch thick and 6 inches in diameter. Bake for 7 minutes.

Spread with sauce, leaving a 1/2-inch border. Top with cheese and pepperoni.

Bake until cheese has melted and crust is crispy, about 5 minutes.

**MAKES 2 SERVINGS**

[SmartPoints](#)® value\* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the [SmartPoints](#)® values\* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

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