



Protein-Packed Brownie Hot Cocoa



Developed by Hungry Girl; brought to you by [Devotion Nutrition](#)!

Entire recipe (about 10 oz.): 71 calories, 1.5g total fat (0.5g sat fat), 155mg sodium, 5.5g carbs, 2g fiber, <0.5g sugars, 11g protein

Green Plan [SmartPoints](#)® value 1*

Blue Plan ([Freestyle](#)™) [SmartPoints](#)® value 1*

Prep: 5 minutes **Cook:** 5 minutes or less



Ingredients

1/2 scoop (or 1/2 packet) [Devotion Nutrition Brownie Batter protein powder](#)
1/4 cup unsweetened vanilla almond milk
1 packet [Flex Flavors](#) or 1 packet natural no-calorie sweetener (this recipe ROCKS with [Birthday Cake Flex Flavors](#)!)
Optional toppings: light whipped topping, rainbow sprinkles

Directions

Place all ingredients in a blender. Add 3/4 cup hot water. Blend at high speed until smooth and uniform.

Transfer to a microwave-safe mug or glass.

Microwave until hot, about 45 seconds.

MAKES 1 SERVING

[SmartPoints](#)® value* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the [SmartPoints](#)® values* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

*The [SmartPoints](#)® values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the [SmartPoints](#)® trademark.