



Red, White & Blue Watermelon Salad



1/4 of recipe (about 1 1/2 cups): 108 calories, 2g total fat (1g sat. fat), 92mg sodium, 22.5g carbs, 3g fiber, 16g sugars, 2.5g protein

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Prep: 10 minutes



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Ingredients

- 4 cups cubed watermelon
- 1 cup blueberries
- 1 cup peeled and chopped jicama
- 1/4 cup crumbled feta cheese
- 2 tbsp. chopped basil
- 1 tbsp. balsamic glaze

Directions

Place watermelon, blueberries, and jicama in a large bowl. Gently toss to mix.

Top with remaining ingredients.

MAKES 4 SERVINGS

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