



Scoopable PB 'Nana Yogurt Pie



1/8th of recipe (about 1/2 cup): 125 calories, 4g total fat (1g sat fat), 84mg sodium, 16.5g carbs, 2g fiber, 7g sugars, 10g protein

Green Plan [SmartPoints](#)® value 3*

Blue Plan (Freestyle™) [SmartPoints](#)® value 3*

Prep: 10 minutes **Cook:** 5 minutes

Chill: 3 hours



Tagged: [Dessert Recipes](#), [Vegetarian Recipes](#), [Four or More Servings](#)

Ingredients

1/2 cup [powdered peanut butter or defatted peanut flour](#)
2 tbsp. creamy peanut butter (no sugar added)
2 tbsp. Truvia spoonable natural no-calorie sweetener (or another no-calorie granulated sweetener; see *HG FYI*)
2 tbsp. cornstarch
1 tsp. vanilla extract
1/8 tsp. salt
2 cups fat-free plain Greek yogurt
1 cup sliced banana
2 tbsp. mini (or chopped) semi-sweet chocolate chips
Optional topping: natural light whipped topping (like [Skinny Truwhip](#) or [So Delicious CocoWhip! Light](#))

Directions

Spray a 9" pie pan with nonstick spray.

In a medium nonstick pot, combine powdered peanut butter, creamy peanut butter, sweetener, cornstarch, vanilla extract, and salt. Add 1 cup water, and mix well.

Set heat to medium. Stirring frequently, cook until mixture thickens, about 3 minutes.

Transfer to a large bowl. Add Greek yogurt, and stir until uniform

Carefully transfer the filling to the pie pan. Cover and refrigerate for 3 hours, or until thickened and chilled.

Top with banana slices, and sprinkle with chocolate chips.

MAKES 8 SERVINGS

HG FYI: Truvia spoonable calorie-free sweetener is about twice as sweet as sugar. If using a no-calorie granulated sweetener that measures cup-for-cup like sugar *instead* of Truvia, double the amount called for in this recipe.

SmartPoints® value* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the **SmartPoints**® values* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

*The **SmartPoints**® values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the **SmartPoints**® trademark.