



Sheet-Pan Ice Cream Sandwiches



1/12 of recipe (1 sandwich): 165 calories, 3.5g total fat (2g sat. fat), 300mg sodium, 32.5g carbs, 1g fiber, 17.5g sugars, 1.5g protein

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Prep: 15 minutes **Cook:** 15 minutes

Cool: 25 minutes

Freeze: 3 hours



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Ingredients

1 box devil's food cake mix
1 cup club soda
1 1/2 cups light whipped topping (mostly thawed from frozen)

Directions

Preheat oven to 350°F. Line [an 11" X 17" baking sheet](#) with parchment paper and spray with nonstick spray.

In a large bowl, combine cake mix with club soda. Whisk until smooth and uniform. Transfer to the baking sheet, and smooth batter into an even layer.

Bake until a toothpick or knife inserted into the center comes out clean, 9–11 minutes.

Let cool completely, about 10 minutes on the sheet, and 15 minutes on a cooling rack.

Cut cake in half widthwise, so that you have two 11" X 8.5" halves. Evenly spread whipped topping over one half, and gently top with the other cake half.

Freeze until whipped topping is firm, at least 3 hours.

Once frozen, slice into 12 sandwiches.

MAKES 12 SERVINGS

Save 'Em for Later! Tightly wrap each serving in plastic wrap, and store the wrapped pieces in a sealable container in the freezer.

Get Creative! This base recipe is a perfect starting ground for your own personalized creation. Use different cake flavors, and add mix-ins to the whipped topping!

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