





Shrimp Cocktail Tacos



Entire recipe (2 tacos): 243 calories, 5g total fat (2.5g sat. fat), 638mg sodium, 26.5g carbs, 3.5g fiber, 4g sugars, 21g protein

Prep: 5 minutes **Chill:** 15 minutes



More: Lunch & Dinner Recipes, Single Serving, 30 Minutes or Less, 5 Ingredients or Less

Ingredients

3 oz. cooked ready-to-eat shrimp, chopped if large 1/4 cup plus 2 tbsp. black bean and corn salsa 1/4 cup shredded lettuce 2 corn taco shells Optional toppings: fresh cilantro, fat-free sour cream

Directions

In a medium bowl, mix shrimp with salsa. Cover and refrigerate for 15 minutes.

Divide lettuce and shrimp-salsa mixture between taco shells. Now chew!

MAKES 1 SERVING

We may receive affiliate compensation from some of these links. Prices and availability are subject to change.

We may have received free product samples, which in no way influences whether these products are reviewed favorably, unfavorably, mentioned with indifference, or mentioned at all. Click for more about our <u>editorial</u> and <u>advertising</u> policies.

*The WW Points® values for these products and/or recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by WW International, Inc., the owner of the Points® trademark. For those on the Diabetic Plan, values may vary.

Questions on the WW Points® values listed? Click here.

Hungry Girl provides general information about food and lifestyle. This information and any linked materials are not intended and should not be construed as medical advice, nor is the information a substitute for professional medical expertise or treatment. Click here for more information.

Publish Date: October 16, 2012 Author: Hungry Girl Copyright © 2025 Hungry Girl. All Rights Reserved.