



Shrimp Cocktail Tacos



Entire recipe (2 tacos): 243 calories, 5g total fat (2.5g sat fat), 638mg sodium, 26.5g carbs, 3.5g fiber, 4g sugars, 21g protein

Green Plan [SmartPoints](#)® value 6*

Blue Plan (Freestyle™) [SmartPoints](#)® value 3*

Purple Plan [SmartPoints](#)® value 3*

Prep: 5 minutes

Chill: 15 minutes



Tagged: [Lunch & Dinner Recipes](#), [Single Serving](#), [5 Ingredients or Less](#), [30 Minutes or Less](#)

Ingredients

3 oz. cooked ready-to-eat shrimp, chopped if large
1/4 cup plus 2 tbsp. black bean and corn salsa
1/4 cup shredded lettuce
2 corn taco shells
Optional toppings: fresh cilantro, fat-free sour cream

Directions

In a medium bowl, mix shrimp with salsa. Cover and refrigerate for 15 minutes.

Divide lettuce and shrimp-salsa mixture between taco shells. Now chew!

MAKES 1 SERVING

[SmartPoints](#)® value* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the [SmartPoints](#)® values* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

*The [SmartPoints](#)® values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the [SmartPoints](#)® trademark.