



Slow-Cooker Peach Dump Cake



1/6th of recipe: 202 calories, 3g total fat (1g sat fat), 275mg sodium, 42g carbs, 2g fiber, 24.5g sugars, 1g protein

Green Plan [SmartPoints](#)® value 7*

Blue Plan (Freestyle™) [SmartPoints](#)® value 7*

Purple Plan [SmartPoints](#)® value 7*

Prep: 10 minutes **Cook:** 2 1/2 hours



Tagged: [Dessert Recipes](#), [Vegetarian Recipes](#), [Four or More Servings](#)

Ingredients

6 cups frozen sliced peaches (no sugar added), thawed and drained
1 1/2 tbsp. cornstarch
1 tbsp. [Truvia spoonable calorie-free sweetener](#) or 4 packets no-calorie sweetener
1/2 tsp. vanilla extract
1/2 tsp. cinnamon
1 3/4 cups moist-style yellow cake mix (about 1/2 box), or HG Alternative below
1/3 cup unsweetened applesauce
2 tbsp. light whipped butter or light buttery spread
Optional topping: natural light whipped topping (like the kind by [So Delicious](#) or [Truwhip](#))

Directions

In a slow cooker sprayed with nonstick spray (a [4-qt. slow cooker](#) is best), combine thawed/drained peaches, cornstarch, sweetener, vanilla extract, and 1/4 tsp. cinnamon. Mix well.

In a medium-large bowl, combine all remaining ingredients, including remaining 1/4 tsp. cinnamon. Stir until uniform and mostly smooth.

Drop batter by spoonfuls into the slow cooker. Spread to evenly cover peaches.

Cover and cook on high for 2 1/2 hours, or until topping is golden brown and firm.

Enjoy hot, warm, or chilled.

MAKES 6 SERVINGS

HG Alternative: If made with sugar-free cake mix (like [the kind by Pillsbury](#)) each serving will have 164 calories and 9.5g sugars (**SmartPoints**® values*: 3 on **Green Plan**, 3 on **Blue Plan**, 3 on **Purple Plan**).

SmartPoints® value* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the **SmartPoints**® values* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

*The **SmartPoints**® values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the **SmartPoints**® trademark.