



Sticky Bun Coffee



Developed by Hungry Girl; brought to you by [Dunkin' Donuts® Coffee!](#)

Entire recipe: 55 calories, <0.5g total fat (0g sat fat), 40mg sodium, 12g carbs, 0g fiber, 5g sugars, <0.5g protein

Green Plan [SmartPoints®](#) value 2*

Blue Plan ([Freestyle™](#)) [SmartPoints®](#) value 2*

Prep: 5 minutes **Cook:** 5 minutes or less

Tagged: [Drink Recipes \(Smoothies, Cocktails & More\)](#), [Vegetarian Recipes](#), [Recipes Developed for Our Partners](#), [Single Serving](#), [5 Ingredients or Less](#), [30 Minutes or Less](#)

Ingredients

- 2 tbsp. fat-free liquid coffee creamer
- 1/2 tbsp. fat-free, low-fat, or light caramel dip
- 1 packet no-calorie sweetener
- 1/8 tsp. cinnamon
- 1 drop almond extract
- 6 oz. fresh-brewed Dunkin' Donuts® Cinnamon Coffee Roll coffee

Directions

Combine all ingredients *except* coffee in a microwave-safe mug. Microwave for 30 seconds, or until creamer is hot and caramel dip has melted. Mix thoroughly.

Add coffee, stir well, and enjoy!

MAKES 1 SERVING

[SmartPoints®](#) value* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the [SmartPoints®](#) values* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

*The [SmartPoints®](#) values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the [SmartPoints®](#) trademark.