



Strawberry Caprese Salad with Chicken



Entire recipe: 344 calories, 15g total fat (3g sat. fat), 527mg sodium, 16g carbs, 5.5g fiber, 9g sugars, 35g protein

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Prep: 10 minutes



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Ingredients

3 cups chopped lettuce
3 oz. cooked and chopped skinless chicken breast
1/2 cup sliced strawberries
1 stick light string cheese, sliced into coins
1/4 oz. (about 1 tbsp.) chopped pecans
1 tbsp. finely chopped fresh basil
2 tbsp. light balsamic vinaigrette dressing

Directions

Place lettuce in a large bowl.

Top with all remaining ingredients except dressing.

Drizzle with dressing, or serve it on the side.

MAKES 1 SERVING

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