# Strawberry-Feta Avocado Toast



Entire recipe: 158 calories, 8.5g total fat (2g sat. fat), 291mg sodium, 16.5g carbs, 6g fiber, 3.5g sugars, 7g protein

**Prep:** 5 minutes     **Cook:** 5 minutes or less

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## Ingredients

1 slice light bread
1 1/2 oz. (about 3 tbsp.) mashed avocado
2 tbsp. crumbled reduced-fat feta cheese
Dash black pepper
1/4 cup chopped strawberries

## Directions

Toast bread.

Meanwhile, in a small bowl, stir 1 tbsp. feta cheese into the avocado.

Evenly spread toast with avocado mixture, and sprinkle with pepper.

Top with strawberries and remaining 1 tbsp. feta cheese.

MAKES 1 SERVING