



Sugar-Free Dalgona Coffee



Entire recipe: 56 calories, 2.5g total fat (0g sat. fat), 180mg sodium, 30.5g carbs, 0.5g fiber, <0.5g sugars, 1.5g protein

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Prep: 5 minutes



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Ingredients

2 tbsp. instant coffee granules
2 tbsp. natural no-calorie sweetener that measures like sugar
2 cups ice
1 cup unsweetened vanilla almond milk

Directions

In a large bowl, combine coffee and sweetener. Add 2 tbsp. hot water, and beat with a hand mixer until frothy, 2–3 minutes.

Fill a tall glass with ice, and add milk.

Top with the frothy coffee mixture.

MAKES 1 SERVING

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