



## Summer Watermelon Arugula Salad



Entire recipe: 161 calories, 6.5g total fat (4g sat. fat), 360mg sodium, 20.5g carbs, 3g fiber, 14.5g sugars, 8g protein

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**Prep:** 5 minutes



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### Ingredients

2 cups baby arugula  
1 cup cherry tomatoes, halved  
1 cup chopped seedless (or seeded) watermelon  
1/4 cup crumbled feta cheese  
2 tsp. lemon juice  
Optional seasonings: salt and black pepper

### Directions

In a medium bowl, combine all ingredients. Lightly toss to mix.

**MAKES 1 SERVING**

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