



Super Summer Slaw



1/4th of recipe (about 1 cup): 73 calories, <0.5g total fat (0g sat. fat), 405mg sodium, 17.5g carbs, 3g fiber, 12.5g sugars, 1g protein

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Prep: 15 minutes

Chill: 1 hour



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Ingredients

1/4 cup seasoned rice vinegar
2 tsp. lime juice
1 cup peeled jicama cut into matchstick-sized strips (about 1/4th of a jicama)
1 cup zucchini cut into matchstick-sized strips (about 1 medium zucchini)
1 cup yellow squash cut into matchstick-sized strips (about 1 medium squash)
1 cup shredded carrot
1/2 cup pineapple tidbits packed in juice (not drained)
2 tbsp. chopped fresh cilantro

Directions

In a large bowl, combine vinegar with lime juice. Mix well.

Add all remaining ingredients, and toss to coat.

Cover and refrigerate until chilled, at least 1 hour.

MAKES 4 SERVINGS

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