



Super Summer Slaw



1/4th of recipe (about 1 cup): 73 calories, <0.5g total fat (0g sat fat), 405mg sodium, 17.5g carbs, 3g fiber, 12.5g sugars, 1g protein

Green Plan [SmartPoints](#)® value 3*

Blue Plan (Freestyle™) [SmartPoints](#)® value 3*

Purple Plan [SmartPoints](#)® value 3*

Prep: 15 minutes

Chill: 1 hour



Tagged: [Recipes for Sides, Starters & Snacks](#), [Vegetarian Recipes](#), [Four or More Servings](#)

Ingredients

- 1/4 cup seasoned rice vinegar
- 2 tsp. lime juice
- 1 cup peeled jicama cut into matchstick-sized strips (about 1/4th of a jicama)
- 1 cup zucchini cut into matchstick-sized strips (about 1 medium zucchini)
- 1 cup yellow squash cut into matchstick-sized strips (about 1 medium squash)
- 1 cup shredded carrot
- 1/2 cup pineapple tidbits packed in juice (not drained)
- 2 tbsp. chopped fresh cilantro

Directions

In a large bowl, combine vinegar with lime juice. Mix well.

Add all remaining ingredients, and toss to coat.

Cover and refrigerate until chilled, at least 1 hour.

MAKES 4 SERVINGS

[SmartPoints](#)® value* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the [SmartPoints](#)® values* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

*The [SmartPoints](#)® values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the [SmartPoints](#)® trademark.