



## Tangy Tex-Mex Slaw



1/8th of recipe (about 2/3 cup): 50 calories, <0.5g total fat (0g sat. fat), 186mg sodium, 10g carbs, 2.5g fiber, 3g sugars, 2.5g protein

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**Prep:** 10 minutes



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### Ingredients

1/3 cup fat-free sour cream  
2 tbsp. lime juice  
1 tbsp. white wine vinegar  
2 tsp. taco seasoning mix  
1/4 tsp. salt  
One 12-oz. bag (about 4 cups) broccoli cole slaw  
1/2 cup frozen sweet corn kernels, thawed  
1/2 cup canned black beans, drained and rinsed  
1/2 cup finely chopped red bell pepper  
1/3 cup finely chopped red onion  
1/4 cup chopped cilantro

### Directions

In a large bowl, combine sour cream, lime juice, vinegar, taco seasoning, and salt. Whisk until uniform.

Add all remaining ingredients, and toss to coat.

**MAKES 8 SERVINGS**

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