



Trail Mix Fix Overnight Oats



Entire recipe: 284 calories, 9.5g total fat (2g sat fat), 246mg sodium, 43g carbs, 6g fiber, 12.5g sugars, 8g protein

Green Plan [SmartPoints](#)® value 9*

Blue Plan (Freestyle™) [SmartPoints](#)® value 9*

Purple Plan [SmartPoints](#)® value 5*

Prep: 5 minutes

Chill: 6 hours



Tagged: [Breakfast Recipes](#), [Vegetarian Recipes](#), [Single Serving](#)

Ingredients

1/2 cup unsweetened vanilla almond milk
1/2 cup old-fashioned oats
1 packet no-calorie sweetener (like Truvia)
1/4 tsp. vanilla extract
1/8 tsp. cinnamon
Dash salt
1 tbsp. raisins, chopped
1/4 oz. (about 1 tbsp.) sliced almonds
1 1/2 tsp. mini semi-sweet chocolate chips

Directions

In a medium bowl or jar, combine almond milk, oats, sweetener, vanilla extract, cinnamon, and salt. Mix well.

Stir in all remaining ingredients.

Cover and refrigerate for at least 6 hours, until oats are soft and have absorbed most of the liquid.

MAKES 1 SERVING

[SmartPoints](#)® value* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the [SmartPoints](#)® values* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

*The [SmartPoints](#)® values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the [SmartPoints](#)® trademark.