



Turkey Rollups



Entire recipe: 30 calories, <0.5g total fat (0g sat fat), 395mg sodium, 0g carbs, 0g fiber, 0g sugars, 6g protein

Green Plan [SmartPoints](#)® value 0*

Blue Plan (Freestyle™) [SmartPoints](#)® value 0*

Purple Plan [SmartPoints](#)® value 0*



Tagged: [Recipes for Sides, Starters & Snacks](#), [Single Serving](#), [5 Ingredients or Less](#), [30 Minutes or Less](#)

Ingredients

2 slices (about 1 oz.) low-sodium skinless turkey breast
1 dill pickle spear
Optional dip: mustard (yellow, brown, or Dijon)

Directions

Wrap turkey slices around pickle spear. Secure with toothpicks if needed.

MAKES 1 SERVING

[SmartPoints](#)® value* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the [SmartPoints](#)® values* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

*The [SmartPoints](#)® values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the [SmartPoints](#)® trademark.