



## Watermelon-Mint Ice Pops



1/6 of recipe (1 pop): 24 calories, 0g total fat (0g sat. fat), 1mg sodium, 6g carbs, <0.5g fiber, 5g sugars, 0.5g protein

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**Prep:** 5 minutes

**Freeze:** 3 hours



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### Ingredients

3 cups cubed watermelon  
1 1/2 tbsp. lime juice  
1 tbsp. chopped fresh mint  
1/2 packet no-calorie sweetener packet

### Directions

Add all ingredients to a small blender. Blend until smooth and uniform.

Evenly distribute mixture into a [6-piece popsicle mold set](#), leaving about 1/4 inch of space at the top.

Insert popsicle handles. Freeze until solid, at least 3 hours.

MAKES 6 SERVINGS

**HG Tip:** If you have any leftover juice mixture, enjoy—it's a tasty drink. You can even mix it with a shot of tequila and some sparkling water for a light watermelon margarita!

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