



White Winesicles



1/6th of recipe (1 ice pop): 45 calories, 0g total fat (0g sat fat), 3g sodium, 5g carbs, 1g fiber, 3.5g sugars, <0.5g protein

Green Plan [SmartPoints](#)® value 1*

Blue Plan (Freestyle™) [SmartPoints](#)® value 1*

Purple Plan [SmartPoints](#)® value 1*

Prep: 5 minutes

Freeze: 3 hours



More: [Recipes for Sides, Starters & Snacks](#), [Dessert Recipes](#), [Vegetarian Recipes](#), [5 Ingredients or Less](#), [Four or More Servings](#)

Ingredients

1/4 cup thinly sliced strawberries
1/4 cup raspberries
1/4 cup blackberries
1 cup moscato wine
1/4 cup orange juice

Directions

Evenly distribute strawberries, raspberries, and blackberries into a 6-piece ice pop mold set.

In a large glass, mix wine with orange juice. Add mixture to the ice pop molds, leaving about 1/2 inch of space at the top. (Pops expand as they freeze.)

Insert ice pop handles. Freeze until solid, at least 3 hours.

MAKES 6 SERVINGS

HG Tip: If your ice pop molds don't have handles, just cover them with foil after filling. Then slide popsicle sticks through the foil and into the pops.

SmartPoints® value* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the **SmartPoints**® values* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

*The **SmartPoints**® values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the **SmartPoints**® trademark.