



## Yum Yum Brownie Bars



1/12th of recipe (1 brownie bar, before toppings): 152 calories, 2g total fat (1g sat. fat), 299mg sodium, 32g carbs, 2.5g fiber, 17g sugars, 2g protein

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**Prep:** 5 minutes    **Cook:** 20 minutes



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### Ingredients

1 box devil's food cake mix  
One 15-oz. can pure pumpkin

### Directions

Preheat oven to 400°F. Spray a 12-cavity brownie pan with nonstick spray.

In a large bowl, mix cake mix with pumpkin until completely smooth and uniform. (Batter will be thick.)

Evenly distribute batter into the pan, and smooth out the tops. Bake until a toothpick inserted into the center of a brownie comes out mostly clean, 18–20 minutes.

**MAKES 12 SERVINGS**

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