



Yum Yum Brownie Bars



1/12th of recipe (1 brownie bar, before toppings): 152 calories, 2g total fat (1g sat fat), 299mg sodium, 32g carbs, 2.5g fiber, 17g sugars, 2g protein

Green Plan [SmartPoints](#)® value 6*

Blue Plan (Freestyle™) [SmartPoints](#)® value 6*

Purple Plan [SmartPoints](#)® value 6*

Prep: 5 minutes **Cook:** 20 minutes



More: [Dessert Recipes](#), [Vegetarian Recipes](#), [5 Ingredients or Less](#), [30 Minutes or Less](#), [Four or More Servings](#)

Ingredients

1 box devil's food cake mix
One 15-oz. can pure pumpkin

Directions

Preheat oven to 400°F. Spray a 12-cavity brownie pan with nonstick spray.

In a large bowl, mix cake mix with pumpkin until completely smooth and uniform. (Batter will be thick.)

Evenly distribute batter into the pan, and smooth out the tops. Bake until a toothpick inserted into the center of a brownie comes out mostly clean, 18–20 minutes.

MAKES 12 SERVINGS

[SmartPoints](#)® value* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the [SmartPoints](#)® values* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

*The [SmartPoints](#)® values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the [SmartPoints](#)® trademark.