



Yum Yum Brownie Muffins



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1/12th of recipe (1 muffin): 152 calories, 2g total fat (1g sat. fat), 299mg sodium, 32g carbs, 2.5g fiber, 17g sugars, 2g protein

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Prep: 5 minutes **Cook:** 20 minutes



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Ingredients

1 box devil's food cake mix
One 15-oz. can pure pumpkin

Directions

Preheat oven to 400 degrees. Line a 12-cup muffin pan with foil baking cups, or spray it with nonstick spray.

In a large bowl, mix cake mix with pumpkin until completely smooth and uniform. (Batter will be thick.)

Evenly distribute batter into the cups of the muffin pan. Bake until a toothpick inserted into the center of a muffin comes out mostly clean, about 20 minutes. Enjoy!

MAKES 12 SERVINGS

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